<table>
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<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
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<tr>
<td><strong>SUN</strong>&lt;br&gt; (No School)</td>
<td><strong>MON</strong>&lt;br&gt; Breakfast: Bread, Cinnamon Toast Crunch w/ Bugle crackers, Fresh Fruit, Juice Variety, 1% White, 1% Strawberry, 1% Chocolate, 1% Skim&lt;br&gt; Lunch: Chicken Strips w/ Sauce, Cheese, Bread, Whole Wheat Bread, 1% White, 1% Strawberry, 1% Chocolate, 1% Skim</td>
<td><strong>TUE</strong>&lt;br&gt; Breakfast: Baked w/ cheese, Golden Graham Cereal, Bugle crackers, Apple, Juice Variety, 1% White, 1% Chocolate, 1% Skim&lt;br&gt; Lunch: Mandarin Oranges, Cheese, Broccoli, Carrots, 1% White, 1% Chocolate, 1% Skim</td>
<td><strong>WED</strong>&lt;br&gt; Breakfast: Raisins, Cheese, Bread, Pizza, 1% White, 1% Chocolate, 1% Skim&lt;br&gt; Lunch: Cheese, Spinach, Turkey, Ham and Cheese, Fries, Applesauce, 1% White, 1% Strawberry, 1% Chocolate, 1% Skim</td>
<td><strong>THU</strong>&lt;br&gt; Breakfast: Mini Donuts, Apple, Cinnamon Cheerios, Apple, Juice Variety, 1% White, 1% Chocolate, 1% Strawberry, 1% Skim&lt;br&gt; Lunch: Walking Tacos, Chicken, Nuggets, Baked Beans, Pineapple Tidbits, 1% White, 1% Strawberry, 1% Chocolate, 1% Skim</td>
<td><strong>FRI</strong>&lt;br&gt; Breakfast: Bagel, Lucky Charms w/ Bugle crackers, Fresh Fruit, Juice Variety, 1% White, 1% Chocolate, 1% Skim&lt;br&gt; Lunch: Buffalo Chicken Dip, Sloppy Joe, Turkey Tater Tots, Side Salad, Orange, 1% White, 1% Chocolate, 1% Skim</td>
<td><strong>SAT</strong>&lt;br&gt; (No School)</td>
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**DIRECTOR OF FOOD AND SERVICE**

Darlene Shook

412-793-6471 (ext 224)
Darlene.shook@phcharters.org

**STUDENTS MEALS ARE FREE FOR THE ENTIRE YEAR**

**Milk Choices May Include:**
- Whole Milk, All Flavors
- Chocolate Milk
- Lactaid Milk

**Daily Entree Options:**
- Piri Piri with String Cheese
- Chef’s Salad with Veggie Rods

**BREAKFAST**

**01**
- Mini Donuts, Apple, Cinnamon Cheerios, Apple, Juice Variety, 1% White, 1% Chocolate, 1% Strawberry, 1% Skim

**02**
- Bagel, Lucky Charms w/ Bugle crackers, Fresh Fruit, Juice Variety, 1% White, 1% Chocolate, 1% Skim

**03**
- (No School)

**LUNCH**

**01**
- Walking Tacos, Chicken, Nuggets, Baked Beans, Pineapple Tidbits, 1% White, 1% Strawberry, 1% Chocolate, 1% Skim

**02**
- Buffalo Chicken Dip, Sloppy Joe, Turkey Tater Tots, Side Salad, Orange, 1% White, 1% Chocolate, 1% Skim

**03**
- (No School)

**STAFF PD**

(No School)

**NO SCHOOL**

**WINTER BREAK**

(No School)